

SINGLE PRESS RELEASE

I am HER  
*Big Monster*



**Artist:** I am HER

**Single:** Big Monster

**Release:** 12th February 2020

**For fans of:** PJ Harvey, Joan Jett, Hole, The Kills

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*“Riley is at her intense and punky best when she sounds like PJ Harvey...”*

**- Uncut**

Alt-punk outfit **I am HER** kick start 2020 with a punch as they prepare to release their angst-driven new single **Big Monster** on **12th February 2020**.

Opening with a simple yet driven force, front woman **Julie Riley**'s grit-fuelled vocals are able to soar. As the chorus arrives, so does the sparkling punk energy as fuzz-filled guitars are played with a seething passion reminiscent of the likes of **The Kills** or **Hole**. This is the first time I am HER have used an electric guitar and pedal on their record, giving a fresh take on the band's distinctively raw sound. Talking about the single, Julie explains, “this song was triggered by someone telling me their experience of an anxiety attack. It got me thinking how anxiety/stress is like a beast separate to us that stalks us and preys on us.”

Julie (vocals guitar), formally of 90s cult band **Rosa Mota**, originally formed I am HER as a solo project in 2016. A year later, she then paired up with **Jeff Townsin** (drums) and the duo have gone from strength to strength ever since. Their album *Herstory* received critical acclaim from **Uncut** and **The Crack**, as well as **BBC 6Music's Tom Robinson**, **BBC Radio London's Gary Crowley** and **BBC Radio Wales' Janice Long** to name a few.

With *Big Monster*, I am HER will continue to captivate listeners with their fierce blend of lo-fi post-punk.

**Big Monster** is out on **12th February 2020**.

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**ABOF**  
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