

ALBUM PRESS RELEASE

Shield Your Eyes: *Theme From Kindness*

Artist: Shield Your Eyes

Album Title: Theme From Kindness

Tracks:

1. I Took My Lead From You and Your Kindness
2. Pneulope
3. Baby You Made A KX250 Out of Me
4. Robinson Crusoe
5. Aves
6. Olivers Wharf
7. Too Little Has Been Good For the Soul
8. Ultra Serfs
9. I don't Know How You Do the Things You Do
10. Drawn to Water



Digital Release Date: 18th October 2010

Physical Release Date: 25th October 2010

Label: Function Records

Distribution: Cargo

Format: CD / Vinyl / Download

“What sets Shield Your Eyes apart from their peers is their ability to keep things interesting...”
– Drowned In Sound

Theme From Kindness is the new album from the prolific, London-based **Shield Your Eyes**. In a logical progression from their self-titled debut and second album **Shield Em**, the band decided to take their DIY aesthetic to another level by recording and mixing in new bass player Nick Bavin's living room over a single weekend in January 2010. The rawness and intimacy of the sound and the sheer energy of the performances come closer than ever to conveying the live shows of this unique and highly inventive group.

Shield Your Eyes have refined their sound and line-up over the years, with core members Stef Ketteringham (guitar / vocals) and Henri Grimes (drums) joined by Nick (bass). The band's raucous and live shows have dazzled their peers, who have witnessed the growth of a band cultivating an inimitable and special sound. With forthcoming UK and European tours, Shield Your Eyes are set to leave plenty of audiences dazed and awed in the near future.

The diversity of this album is highlighted in the very first song, "I Took My Lead From You" and "Your Kindness", which was rendered on mandolin, acoustic guitar, harmonica, organ and Nick's cat! This gives the listener a preview of what's to come. The familiar Shield Your Eyes trademarks are there, as Stef's abrasive but soulful guitar and vocal lines pinned to Henri's strafing drum parts come to the fore. The band take you on a journey from the mind-bogglingly rhythmic "Oliver's Wharf" and "Too Little Has Been Good for the Soul", to the melancholic contemplation on "Aves" and the chopped up acoustic strumming on "Drawn to Water".

Whilst Shield Your Eyes can be shockingly contemporary and avant-garde in their approach, this is always tempered by an endearing warmth, a strong awareness of song-craft, and an ability to pack their music full of memorable hooks without coming across as trite or forced. **Theme From Kindness** is one of those rare records which manages to thoroughly challenge the listener and smash all sorts of paradigms, whilst still maintaining a sense of inclusiveness and an utter sincerity.

- Shield Your Eyes are available for interviews
- Photographs, video and MP3 download available upon request
- Official website: www.myspace.com/leavethetapesrunning



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